

## EXCELLENCE of The TAHAJJUD PRAYERS:

(1) Reported By Abu Hurayrah:

The Messenger of Allah(saw) said:"Our LORD descends to the lowest heaven during the Last Third of The Night,inquiring, "Who will call on ME so that I may Respond to Him? Who is asking something of ME so I may Give it to him?,Who is Asking for MY FORGIVENESS so I may FORGIVE HIM.."

(2) Mishkhat Al-Masabih ; Hadith No. 1232

Allah's Messenger(saw) said:" There is in Paradise an Apartment, the exterior of which can be seen from the interior, and the interior of which can be seen from the exterior. Such apartments have been prepared for those who are Polite in their talk, Provide Food to the Needy, Fast Frequently and observe the TAHAJJUD PRAYERS when people are sleep.

(3) Mishkhat Al-Masabih ; Hadith No. 1227

Allah's Messenger(saw)said: "Make it a point to observe TAHAJJUD Prayer, for it was the practice of the Pious gone before you and it is a means by which you can find "NEARNESS" to your LORD and seek expiation of your sins and find prevention from evil

(4) Reported By Sahl ibn Saad:

"Gabriel came to the Prophet(saw) and said.....,....., ..... And Know that the Honour of the Believer is in the NIGHT VIGIL (another name for the TAHAJJUD PRAYER), and his glory is in being Free from Want from People.."

## TIMING for The TAHAJJUD PRAYER:

The Consensus of Opinion of most of the Scholars is that the Preferred Time for the TAHAJJUD PRAYERS is the "LAST THIRD PORTION" of the NIGHT.

## MAKE INTENTION (Neeyah) BEFORE GOING TO SLEEP:

It is important that One Should Make the INTENTION of doing the TAHAJJUD PRAYERS "BEFORE" Going to Sleep. The reason behind this Sunnah is that just in case if you donot "getup" then just for having made the INTENTION before going to Sleep, ALLAH(SWT) will reward you as if you did the Prayers, and if you did getup and "did" the TAHAJJUD Prayers then the Rewards are limitless...

Proof of the Above: Abu Darda reprinted that the Messenger of Allah (saw) said:"Whoever goes to his bed with the INTENTION of getting up and praying during the Night, and sleep overcomes him until the morning comes, then ALLAH(SWT) will have recorded for him what he had intended (TAHAJJUD)to do, and his sleep will be a charity for him from his LORD..."

#### NUMBER OF RAKKAH(S) FOR TAHAJJUD PRAYERS:

The Consensus of Opinion of the Scholars is that the TAHAJJUD PRAYERS Consist of 8 RAKKAHS.

NARRATED AISHA (R.A.) that the Messenger of Allah(SAW)After doing the ISHA, got up at TAHAJJUD Time and offered 8 Rakkahs,.....;"  
Sahih Al-Bukhari Hadith No. 2.256

#### FIRST TWO RAKKAHS of TAHAJJUD SHOULD BE LIGHT:

NARRATED AISHA(R.A.)That when the Messengerof Allah(saw)rose at night (for the TAHAJJUD), He would begin his Prayer with Two "Light" Rakkahs....Quoted by Muslim.

#### WHICH AYAHS SHOULD BE RECITED IN TAHAJJUD PRAYERS:

(1) As there are 8 Rakkahs in TAHAJJUD, You may find it convenient to MEMORISE SURAH YASEEN which has the Word Mubeen appear 7 times making 8 different portions till the end of the Surah and which therefore fits in neatly with the 8 Rakkahs. So, in the First Rakkah you start from the beginning of Surah-e-Yaseen and recite upto the first occurrence of the word Mubeen, then in the Second Rakkah continue the recitation and recite upto the second occurrence of the word Mubeen, and then so on till the Eighth Rakkah in which you recite from after the 7th Occurance of the word Mubeen till the end of the Surah-e-Yaseen.

(2) Some Scholars have recommended the Recitation of the Last 10 Ayahs of Surah-e-Al-e-Imran

(3) If you are unable to do either of the above two recommendations, then make your best efforts to recite those Ayahs that come to you with Ease.

#### DUA'AA TO BE RECITED AT START AND AT THE COMPLETION OF THE TAHAJJUD PRAYERS:

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"O ALLAH, There is No God But Thee, Glory be to Thee, I seek Forgiveness from You For My Sins, AND Ask for Your MERCY.

O ALLAH, Increase My Knowledge, and Let Not My Heart Swerve After You Have Guided Me, and bestow MERCY upon me from Thyself, for Thou Art The Bestower.

ALL PRAISE be to ALLAH who has given us back Life after our death and unto him is the RESURRECTION..."

#### DUA'AA TO BE RECITED ON THE COMPLETION OF THE TAHAJJUD PRAYERS:

"O ALLAH to You Belong the PRAISES.

YOU are the Light of the heavens and the earth and what is therein.

And To YOU Belong the PRAISES.

YOU are the TRUTH, YOUR Promise Is TRUE, The Meeting With You Is TRUE, PARADISE is TRUE, The FIRE is TRUE, The Prophets are TRUE, MOHAMMAD is TRUE, and The HOUR is TRUE.

O ALLAH, to YOU have I submitted, In YOU have I believed, In YOU have I put my TRUST, To YOU have I TURNED, By YOU I argue, and To YOU do I TURN for my DECISIONS.

FORGIVE me My Former and Latter sins, those done in private and those done in public.

YOU are ALLAH, There is NO GOD BESIDES YOU.